



Family-Focused, Community-Based Programs Since 1988

Ontario Early Years Centres  
A Place for Parents And Their Children.



Centres de la petite enfance  
Un endroit pour les parents et leurs enfants



## Brampton Neighbourhood Resource Centre Brampton Centre — Ontario Early Years Centre September — November 2009

Free Programs for Parents, Grandparents and Caregivers with children up to the age of 6



**Heart Lake Town Centre**  
180 Sandalwood Pkwy E, Unit 8C  
Brampton, ON L6Z 4N2  
905.495.3430

**Hours:**

**Monday & Thursday:**  
9:00 a.m.— 4:00 p.m.

**Tuesday & Wednesday:**  
9:00 a.m.— 7:30 p.m.

**Friday:**  
9:00 a.m.— 12:00 p.m.

**Saturday:**  
10:00 a.m.— 2:30 p.m.



For information and  
online calendars:

[www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca)  
or  
[www.bnrc.org](http://www.bnrc.org)

**To register for all programs  
please contact OEYC's  
Heart Lake Town  
Centre Location  
Phone: 905.495.3430**

Nut awareness environment



Indoor shoes **only**



Due to capacity restrictions, unregistered programs are on a first come basis

For a complete list of programs, locations and times  
please refer to the attached calendar.

**Baby Time  
(newborn - 12 months)**

Parents can learn more about how babies develop in their first year. You and your baby will have fun participating in a variety of sensory activities. *(Please wear socks as shoes are not suitable in the infant room).* Please note that Sing n' Stroll is a part of this program and is an outdoor activity.

**Infant Massage  
(newborn - 12 months)\***

Teaching parents massage techniques that can positively affect their baby's health and strengthen their bond with their children. Registration is limited so please register early to avoid disappointment.

**Baby & Me  
(newborn - 12 months)\***

Designed for parents to socialize with each other and discuss child development, safety and health, while their children remain in the room to play with other babies (or take a nap).

**Mother Goose  
(newborn - 12 months)**

Places emphasis on rhymes, songs and stories, which help in the development of your baby's communication, language and literacy skills. *(Please wear socks as shoes are not suitable in the infant room)*

**Toddler Time  
(12-30 months)**

Encourages children to express their creativity and imaginations. Parents and young artists are introduced to different materials and techniques each week. Toddlers will get messy, have fun and make some 'fridge-worthy' creations.

**Terrific Tots  
(31-48 months)**

Promotes cognitive growth and development. Children will be able to work on social, cognitive, language, physical, math and science skills with their parents/caregiver.

**Read & Play  
(newborn to 6 years)**

A drop in program where children and families explore new things through several activities, followed by circle story time with the librarian.

**Family Time  
(newborn-6 years)**

This family program is great for grandparents, daycare providers and parents who want to bring more than one child from varying age ranges to the same program. This program will allow children to move at their own pace through various early learning activities. Circle Story Time will follow each session.

**Open Door  
(newborn-6 years)**

An open time where parents can interact with their child using the equipment provided in the centre's space. There will be no staff in the room and parent/caregivers are responsible for cleaning up.

**Circle Story Time  
(newborn-6 years)**

This program provides early exposure to language and music, helping to develop skills that improve a child's ability to communicate, evaluate and make decisions. Emphasis will be placed on building your child's ability to socialize, listen and communicate with others.

**Information Network Series  
(newborn-6 years)\***

A weekly educational program for parents focusing on healthy child development, parenting, discipline, and family issues, etc. A snack for your child will be provided. Childcare is provided so please register early. *(Weekly registration required)*

**Move & Groove  
(18 months to 6 years)**

Encourages children to express themselves through music and movement. They can be creative with rhythms, beats, sounds and dance. Come out and express themselves!

**Moms Supporting Moms Postpartum Peer Support Group\***

New moms know that the joys of motherhood can also be gift wrapped with symptoms of sleep deprivation and low energy levels. Join us to share the experiences and challenges of being a new mom and learn how to cope and adjust to a new baby in your family. *(Childminding is available)*

**Moving Minds and Muscles  
(newborn-6 years)**

Introduction of math concepts, science activities, motor development and fun! We will sing, engage in the early learning activities and play games.

**Recognizing Original Self-Expression (ROSE)  
(18-48 months)**

Let's explore the fine arts together! This unique program will bring out the stars in your family whether it is art, music, dance or drama. It is time for the theatre everyone, let's express ourselves.

## Brampton Day: Leap into Literacy\*

**Date:** Saturday, September 19<sup>th</sup>, 2009  
**Time:** 10:00a.m. to 12:00 p.m.  
**Age:** Newborn to 6 years old  
**Where:** Heart Lake Town Centre  
 (180 Sandalwood Parkway East, Unit 8C)

September is Peel Literacy Month! Come join us for a fun-filled morning with lots of activities and crafts to mark International Literacy Day. There will be lots to do in the community so please watch for the Festival of Learning Guide 2009.

## Birthday Parties and Room Rentals



Are you looking for a place to host your child's birthday party or get-together?

BNRC-OEYC can rent you an exclusive party room. For more details about our party packages and space rentals please call 905.495.3430. By purchasing a BNRC membership you can save 10% off birthday parties and space rentals at any of our locations.

## Peel Children's Centre Consultant\*

- Heart Lake Town Centre:**  
September 1st, October 6th,  
November 3rd and December 8th  
2009. 1:30 p.m. to 3:30 p.m.
- Four Corners Library:**  
(65 Queen Street East)  
September 25th and November 20th  
2009. 9:30 a.m. to 11:30 a.m.
- Kennedy Square Mall**  
(50 Kennedy Road South, Unit 24)  
October 22nd 9:30 a.m. to 11:30 a.m.

An hour long appointment can be made to meet with a consultant to discuss strategies to support your role as a parent. Please call for dates and times and to book an appointment.

## Information Network Series\*

**Date:** Every Wednesday starting Sept 9th  
**Time:** 9:30 am to 11:30 am  
**Age:** Parents and Guardians  
**Where:** Heart Lake Town Centre—OEYC  
 (180 Sandalwood Parkway East, Unit 8C)

Please call or look for monthly workshop schedule for topics. Child minding is limited, so please register **weekly** to avoid disappointment. We reserve the right to turn unregistered families away to ensure safety requirements within the program.

## Ready To Learn (Early Literacy Specialist)

**Dates:** Monday, September 28th 2009  
 Monday, October 26th 2009  
 Monday, November 23rd 2009  
 Monday, December 21st 2009

**Time:** 1:00 p.m. to 3:00 p.m.

**Age:** Newborn to 6 years old

**Where:** Kennedy Square Mall— Brampton Neighbourhood Resource Centre (BNRC)  
 50 Kennedy Road South, Unit 24

Children will engage in fun literacy activities and parents will learn strategies to support literacy with their children. No registration required.

## Recognizing Original Self-Expression (ROSE)\*\*

**Date:** Friday, September 25th 2009  
 Friday, October 30th 2009  
 Friday, November 20th 2009

**Time:** 9:30 am to 11 am

**Age:** 18–48 months

**Where:** Rose Theatre  
 (1 Theatre Lane Brampton, Ontario)

**\*\*To register please call  
 905.793.4841 or email  
 kristine.pettipas@brampton.ca  
 You can register from the first of every  
 month.**

## Harvest Hoopla\*

**Date:** October 24<sup>th</sup>, 2009

**Time:** 10:00 am - 12:00 pm

**Age:** Newborn to 6 years

**Where:** Kennedy Square Mall—Brampton Neighbourhood Resource Centre (BNRC)  
 (50 Kennedy Road South, Unit 24)

Join us for some family fun as we celebrate Fall/Harvest. Look forward to games, crafts, science activities, storytelling and songs. See you there!



\*This program requires registration. Please contact the Heart Lake Town Centre Location to register: 905.495.3430

## Heart Lake Town Centre

(180 Sandalwood Pkwy E, Unit 8C, Brampton, ON L6Z 4N2)

### Centre Closed:

- Monday September 7, 2009
- Friday October 2, 2009
- Saturday October 10, 2009
- Monday October 12, 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Family Time</b> 9:30 am - 11:30 am  <b>Open Door</b> 11:30 am - 1:00 pm  <b>Family Time</b> 1:00 pm - 3:30 pm	<b>Terrific Tots</b> 9:30 am - 11:00 am  <b>Mother Goose</b> 10:00 am - 11:30 am  <b>Infant Massage*</b> 1:00 pm - 2:30 pm  <b>Open Door</b> 12:00 pm - 5:30 pm  <b>Family Time</b> 5:30 pm - 7:30 pm	<b>Information Network Series*</b> 9:30 am - 11:30 am  <b>Move &amp; Groove</b> 1:00 pm - 2:00 pm  <b>Open Door</b> 2:00 pm - 5:30 pm  <b>Family Time</b> 5:30 pm - 7:30 pm	<b>Family Time</b> 9:30 am - 11:30 am  <b>Baby Time</b> 1:30 pm - 3:00 pm <b>Sing 'n' Stroll</b> (weather permitting) 1:30 pm - 3:00 pm (Sept 10 & 24, 2009, Oct 8 & 22, 2009)	<b>Toddler Time</b> 9:30 am - 11:00 am	<b>Family Time</b> 10:00 am - 12:00 pm  <b>Open Door</b> 12:00 pm - 2:30 pm  <div style="border: 1px dashed black; padding: 5px;"> <b>Brampton Day:</b>  <b>Leap Into Literacy</b>                      September 12th 2009                      (see Special Events page for event details).                 </div>

## Kennedy Square Mall

(50 Kennedy Road South, Unit 24, Brampton, ON L6W 3R7)

### Centre Closed:

- Monday September 7, 2009
- Monday October 12, 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sept 14 – Oct 19 Baby and Me*</b> 9:30 am - 11:00 am  <b>Family Time</b> 1:30 pm - 3:30 pm  <b>Early Lending Library (Funded by United Way Peel)</b> 1:30 pm - 3:30 pm	<b>Family Time</b> 9:30 am - 11:30 am	<b>Mother Goose</b> 1:00 pm - 2:30 pm (sibling childminding available)  <b>Family Time</b> 1:00 pm - 3:30 pm	<b>September 10 Circle Story Time</b> 9:30 am - 10:30 am  <b>Open Door</b> 10:30 am - 12:00 pm  <b>Family Time</b> 1:00 pm - 3:30 pm  <b>Early Lending Library (Funded by United Way Peel)</b> 9:30 am - 1:00 pm	<b>No Programs</b>	<div style="border: 1px dashed black; padding: 5px;"> <b>Harvest Hoopla*</b>                      October 24th 2009                      (see Special Events page for event details).                 </div>

## Outreach Sites

### Centre Closed:

- Monday September 7, 2009
- Monday October 12, 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September 14 Read &amp; Play</b> 9:30 am - 11:00 am Four Corners Library 65 Queen St E  <b>Moms Supporting Moms Postpartum Peer Support Group*</b> 1:00 pm - 3:00 pm Ontario Early Years Bramlea Civic Centre 150 Central Park Drive (child minding available)	<b>September 15 Circle Story Time</b> 10:00 am - 11:00 am Kidnetix 190 Bovaird Dr  <b>September 15 Moving Minds &amp; Muscles</b> 1:00 pm - 3:00 pm YMCA 20 Union St	<b>September 16 Mother Goose</b> 10:00 am - 11:30 am Kidnetix 190 Bovaird Drive	<b>No Programs</b>	<b>September 11 Read &amp; Play</b> 9:30 am - 11:00 am Four Corners Library 65 Queen St. E	<b>No Programs</b>



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