

## SOUTH

### Clam River, Sandisfield

Over one mile of frontage along the Clam River and over five miles of trail options through hemlock and white pine groves, rock outcrops, old foundations and wood roads.

Directions: Trail begins at the east edge of the parking lot for the Sandisfield Town Hall Annex (66 Sandisfield Rd, Sandisfield)

### Alford Springs, Alford

The Father Loop is a great workout for hikers, runners and mountain bikers, and is especially fun and challenging for Nordic skiers. The Mother Loop offers a variety of shorter up-and-down loops. Views, berries in summer, and outstanding, technically demanding backcountry Nordic skiing in winter.



Directions: From Great Barrington: Take Taconic Avenue, which becomes Alford Road. Drive past Simon's Rock to a left on Seekonk Road; follow Seekonk Road (becomes Green River Road) for 3.6 miles. Turn right on to Mountain Road. Follow Mountain Road for 0.8 miles, bearing left at the first "Y" and left again at the sharp right turn at 0.8 miles.

### Housatonic Flats, Great Barrington

Ideal spot for a calming 30-minute break in nature just a few minutes from downtown Great Barrington. Birds, dragonflies and butterflies should all be present in season along the flat, mowed pathways.



Directions: From Great Barrington: Drive 1 mile north of Price Chopper shopping center on Route 7, west side of the street. If you get to the turn off to Housatonic, you've gone too far.

## SOUTH

### Bob's Way, Monterey

Named for Bob Thieriot, this series of "stacked loops" gives walkers multiple options. Don't miss the Cathcart Bench, the Truman Dowd cellar hole, the mysterious motor boat and the beautiful beaver pond.

Directions: Located roughly 3 miles east of Monterey General Store on Route 23.

### Steepletop, New Marlborough

Giant oak trees, ponds, streams and wetlands, ancient cellar holes, mellow carriage roads and mowed paths—you'll find it all on this gently rolling reserve. An inviting place for cross-country skiing, thanks to the gentle topography. You'll fall in love with Steepletop.

Directions: From Great Barrington, take Route 23 east to Monterey. Just after the Monterey line, bear right onto Route 57/183 into New Marlborough. Just before the Old Inn on the Green in New Marlborough, turn left onto New Marlborough-Monterey Road; follow for 1.6 miles. Turn right at the steep, inclining driveway marked "684". Bear right into our gravel parking lot at the top of the little hill. The trails begin right at the trailhead parking; there is a kiosk just beyond the gate.



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## TAKE A HIKE

We hope you'll enjoy these walks around the Berkshires.



## NORTH

### Constitution Hill, Lanesborough

A plaque and oak tree at summit mark the spot of a signal bonfire celebrating the MA ratification of the US Constitution. Future plans include creating a new trail and trailhead linking Constitution Hill to Bill Laston Park.



Directions: From the intersection of Bridge Street and Main Street/Route 7 in Lanesborough (right near the town hall): follow Bridge Street west to its end at the BNRC trailhead and kiosk. The trailhead is about 0.8 miles from Main Street.

### Hoosac Range, North Adams

The six mile roundtrip ridgeline trail from Route 2/ Mohawk Trail to Spruce Hill, offers outstanding hiking, views and birdwatching during raptor migration. The short 1.6 mile roundtrip loop to Sunset Rock is a fine alternative for those without the time or stamina to get all the way to Spruce Hill. Bonus tip: Navigate off-trail to visit a series of high-elevation beaver ponds to the east.



Directions: From Pittsfield: Take Route 8 North, at the Cumberland Farms in North Adams, take a right onto 8A. Then take a right, heading east on Route 2. The trailhead parking is on the right after the Wigwam Cabins.

### Old Mill Trail, Hinsdale/Dalton

This universally accessible trail is a treat for walkers of all abilities. Travel past the end of the accessible section, across Route 8, to the next section of trail at the water's edge.

Directions: From the center of Dalton: Take Route 8 south to the Hinsdale line. From the town line, continue 4/10 miles to a left on Old Dalton Road. The trailhead parking is the first, immediate left.

## CENTRAL

### Stevens Glen, Richmond/W. Stockbridge

There's nothing quite like the Stevens Glen waterfall, which has made this site an attraction since the late 1800s, when its heights hosted major dance parties and picnics.

Directions: From West Stockbridge, trailhead is approximately 1.5 miles up Lenox Road on the left. From Olivia's Overlook, turn left on Lenox Branch and follow 0.7 miles to the parking pull-off on right.

### Olivia's Overlook at Yokun Ridge, Lenox/Richmond/Stockbridge

You've seen the vista from Olivia's Overlook, but did you know that it's also the trailhead for more than six miles of trails? From here you can access the Charcoal and Burbank Trails. Those trails connect to the Brothers Trail and lead you to Monks Pond.



Directions: From Tanglewood when Route 183 curves left, bear right onto Richmond Mountain Road (sign says to Rt. 41/Richmond). Drive 1.5 miles and the parking lot will be on your left.

### The Boulders, Dalton/Pittsfield/Lanesborough

The dramatic boulder outcrops on and near Gulf Road, combined with the quiet spots of forest beauty throughout, will make you a fan for life, even if you're not a neighbor.

Directions: Take routes 8/9 east from the center of Pittsfield. Take a left onto Park Avenue, in Dalton, passing Craneville School. Take a left onto Gulf Road. Park at the pull-off on the left, opposite the parking for the Appalachian Trail.



## CENTRAL

### Basin Pond, Lee

This 2.5 mile round trip winds through forests and boulder fields to an old dam site. A bench and viewing platform looks out over a beaver pond. You may see a moose at dusk. Trail includes a couple of somewhat tricky stream crossings on stepping stones. Be careful in slippery conditions, and if your balance or agility is compromised.

Directions: Take Route 20 east from Lee. Left on Becket Road across from Belden Tavern. Trailhead is approximately 0.25 miles ahead on left.

### Hollow Fields, Richmond

For many, their favorite BNRC reserve, and deservedly so. Climbing through the fields is glorious in any season, but especially enriching in the summer and fall, as bobolinks swoop and chirp, and the foliage burns into life with color. Grassland walks are relatively rare. Build this one into your weekly routine, or put an evening walk here on your bucket list.

Directions: From Richmond Town Hall: Follow Route 41 North 1.1 miles and turn left on Perry's Peak Road. Parking is 0.3 miles from Route 41 at the BNRC trailhead, signed at the roadside. From Pittsfield: Take 41 South 2.5 miles and turn right on Perry's Peak Road. Parking is 0.3 miles from Route 41 at the BNRC trailhead, signed at the roadside.

### Parsons Marsh, Lenox

The 1,800-foot accessible trail winds visitors through open meadow, alongside a small pond, and into forested upland and vegetated wetland. It provides open views of this large marsh as well as opportunities to sit and experience each habitat.

Directions: 170 Under Mountain Road, Lenox.

Photo by Gabrielle K. Murphy

