Trails come in all shapes and sizes!

This guide provides helpful information about a handful of accessible trails around Berkshire County. The trails are enjoyed by people of many ages and abilities, and this guide will provide the basic info to help you decide if a trail is good for you.

**Parsons Marsh Trail**
Lenox

**Mary Flynn Trail**
Stockbridge

**Riverfront Trail**
Great Barrington

**Pleasant Valley**
Lenox

**North Pond Trail**
Savoy

**FEATURED ON THE FRONT:**
Thomas & Palmer Brook Trail
Great Barrington

Additional Accessible Trails

**Lake Mansfield**
Great Barrington Land Conservancy
0.25 mile loop trail | Great Barrington

**Ashuwillticook Rail Trail**
MA Department of Conservation and Recreation
13.5 miles paved | Adams to Pittsfield

For more trail information For specific information on all the trails in this brochure, visit [bnrc.org/access](http://bnrc.org/access).

FEATURED ON THE FRONT:
Thomas & Palmer Brook Trail
Great Barrington

Photos by Gabrielle K. Murphy (except for MassAudubon’s photo)
**Thomas & Palmer Brook Meadow Loop**
**GREAT BARRINGTON**
Berkshire Natural Resources Council

**LENGTH:** 0.5-mile, round-trip

<table>
<thead>
<tr>
<th>Width</th>
<th>Grade</th>
<th>Cross Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-feet</td>
<td>0-8%</td>
<td>0-2%</td>
</tr>
</tbody>
</table>

*See access notes below*

**LOOP TRAIL**

Packed stone dust trail through meadowlands and upland forest.

**Look for:** Huge boulders, large sugar maple trees, wetland viewing area and 2 benches.

**Directions:** The gravel parking area is located between 301 and 309 State Road (Route 23) in Great Barrington, across from Koi Restaurant. There are two designated accessible parking spaces. GPS: 42.2784, -73.3073 (frontage on Route 23)

**Access notes:**
- 90-foot bridge with 20-foot approach at 6% grade, 7 feet wide, and 50-inch-tall railing. Some of the wooden boards on the bridge are warped with step ups < ¼ inch
- A few sections of 8% grade along the trail < 14 feet long
- 7% grade halfway across the trail (0.25 miles) for 100 feet

**Mary Flynn Trail**
**STOCKBRIDGE**
Laurel Hill Association

**LENGTH:** 1.2 miles, round-trip

<table>
<thead>
<tr>
<th>Width</th>
<th>Grade</th>
<th>Cross Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5 feet</td>
<td>0-7%</td>
<td>0-11%</td>
</tr>
</tbody>
</table>

*See access notes below*

**OUT & BACK**

Packed stone dust walk along the Housatonic River.

**Look for:** 100-foot boardwalk, 4 plank bridges, 4 benches, and Housatonic River.

**Directions:** at end of Park Street cul-de-sac. Stockbridge, MA. GPS: 42.2784, -73.3073. The parking area is pavement and gravel with some broken pavement. There is one designated accessible parking space.

**Access notes:**
- Most of the trail is 0-2% grade and 0-3% cross slope
- 5-7% grade in the first 50 feet of the trail before the bridge
- 100-foot bridge, 4 feet wide with 3-foot-tall railing
- 6% grade for 10 feet at far side of bridge
- At 0.2 miles there is a 10-foot bridge with a 1-inch step up on one side and 1 ¼ inch gaps between wooden decking
- At 0.3 miles there is a 14-foot bridge with a 11% cross slope
- At 0.6 miles the trail narrows to 28 inches in width for 50 feet
- The accessible section ends where the trail forks at the 4th bench

**All Persons Trail at Pleasant Valley**
**LENOX**
Mass Audubon

**LENGTH:** 0.4-mile, round trip

<table>
<thead>
<tr>
<th>Width</th>
<th>Grade</th>
<th>Cross Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-6 feet</td>
<td>0-9%</td>
<td>0-5%</td>
</tr>
</tbody>
</table>

*See access notes below*

**OUT & BACK**

Crushed stone trail through meadow and woodland leading to 200-foot boardwalk and observation platform overlooking Pine’s Pond.

**Look for:** Bluebirds and butterflies in the meadow (seasonally), wetland viewing area, audio tour, and 4 benches.

**Directions:** 472 West Mountain Road, Lenox, MA 01240. The parking area is gravel with three designated accessible parking spaces.

**Access notes:**
- Most of the trail is under 5% grade
- Maximum grade of 9% for 10 feet
- Grade of 8% for 10 feet
- Facilities offer visitors center and restrooms

**Riverfront Trail (North)**
**GREAT BARRINGTON**
Great Barrington Land Conservancy

**LENGTH:** 1 mile, round-trip

<table>
<thead>
<tr>
<th>Width</th>
<th>Grade</th>
<th>Cross Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-feet</td>
<td>0-5%*</td>
<td>0-2%</td>
</tr>
</tbody>
</table>

*See access notes below*

**OUT & BACK**

Packed stone dust pathway offers woodland and open field views just steps from downtown Great Barrington. A separate section is accessed from Brookside Road, with limited parking.

**Look for:** Interpretive tree walk signs, and 2 benches.

**Directions:** Public parking is available in the gravel lot at Olympian Meadow (578 Main St, Great Barrington). The trail starts near the small blue building with white doors, look for the hiker sign.

**Access notes:**
- Most of the trail is 2-3% grade
- Bridge near start of trail at Olympian Meadows has a 1-inch step up on one side

**Parsons Marsh**
**LENOX**
Berkshire Natural Resources Council

**LENGTH:** 0.6-mile, round-trip

<table>
<thead>
<tr>
<th>Width</th>
<th>Grade</th>
<th>Cross Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>41 inches</td>
<td>0-5%</td>
<td>0-2%</td>
</tr>
</tbody>
</table>

*See access notes below*

**OUT & BACK**

Packed stone dust path gives way to 900-foot boardwalk along mixed marshlands.

**Look for:** 3 benches and accessible picnic table

**Directions:** 170 Under Mountain Rd., Lenox, MA. The parking area is gravel with two designated accessible parking spaces.

**Access notes:**
- The entrance of the trail is 41 inches wide between two rocks
- The packed stone dust path is 5 feet wide
- The boardwalk is 41 inches wide with 3 passing locations

**North Pond Trail (Portion of trail is accessible)**
**SAVOY**
MA Department of Conservation and Recreation

**LENGTH:** 0.5-mile, round-trip

<table>
<thead>
<tr>
<th>Width</th>
<th>Grade</th>
<th>Cross Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-feet</td>
<td>4% average</td>
<td>3-5%</td>
</tr>
</tbody>
</table>

*See access notes below*

**OUT & BACK**

Paved and packed stone dust through a wooded area. An alternate paved path leads to a picnic area and beach.

**Look for:** CCC stone fireplace remnants from the 1930s.

**Directions:** 260 Central Shaft Rd. Florida, MA is the address for Savoy State Forest Office. Continue south past the office for 0.5 miles to the paved parking area for the North Pond Trail. There are three designated accessible parking spaces.

**Access notes:**
- Maximum grade of 11% for 60 feet
- Facilities offer restrooms

---

**ICON KEY**

All the included trails maintain proper width, tread, slope, and barrier-free access for wheelchairs, strollers, and mobility aids.

<table>
<thead>
<tr>
<th>Trail Width</th>
<th>Grade</th>
<th>Cross Slope</th>
</tr>
</thead>
<tbody>
<tr>
<td>Audio Guide</td>
<td>Braille</td>
<td>BNRC Berkshire Trails App</td>
</tr>
<tr>
<td>Bench</td>
<td>Wheelchair Accessible</td>
<td>Picnic Table</td>
</tr>
<tr>
<td>Stroller</td>
<td>Cell Service</td>
<td>Facilities</td>
</tr>
<tr>
<td>Picnic Table</td>
<td>Facilities</td>
<td>No Cell Service</td>
</tr>
</tbody>
</table>

Please note that snow and ice may impact the accessibility of these trails.